

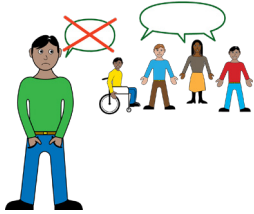
Supporting Me at my appointment



Questions I have:



Things I like to talk about:



How I communicate:



Have you ever experienced abuse/
trauma that we should be aware of but
do not wish to talk about?

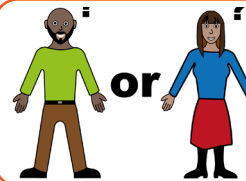
YES

NO



hello my name is...

I have a **learning disability** and need some **extra support** for my appointment. I would like someone such as my carer to attend my appointment with me.



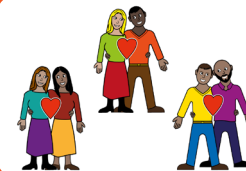
What gender do you identify with?

Male

Female

Other

Prefer not to say



What sexuality do you identify with?

Straight Homosexual Bisexual

Other Prefer not to say



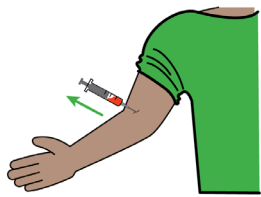
Religion/Ethnic Background:



Important contact numbers:

This booklet has been made in collaboration between
Spectrum Community Health CIC and the Wakefield Community Learning Disability
Nursing Team (South West Yorkshire Partnership NHS Foundation Trust).

www.sexual-health.co.uk

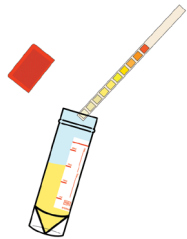


What is the best way to take blood or give me an injection:

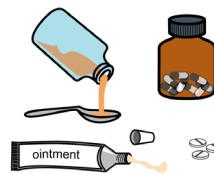


Things that may upset/ make me anxious?

What I am like when I'm anxious or upset.



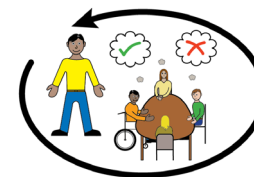
How to support me with self-testing.



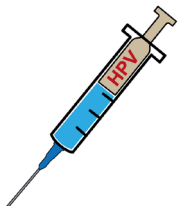
Medications (including any contraception)



I will let you know when I am in pain by:



How can you help me with decision-making



Have you had a HPV Vaccination?

YES

NO

UNSURE