



# Medical Student Information

Welcome to Wakefield Integrated Sexual Health (WISH)

[www.spectrum-sexualhealth.org.uk](http://www.spectrum-sexualhealth.org.uk)



# Welcome to Wakefield Integrated Sexual Health (WISH)

We hope you have an enjoyable 1.5 day attachment and get a good idea of what working in Sexual Health involves.

Your placement will either be:

1. **Monday 8am start;** whole day placement (with a 30 minute lunch break) and **Tuesday 12-4pm.**  
PLEASE NOTE THE LATER START TIME, WE ARE CLOSED ON TUESDAY MORNINGS
- OR
2. **Thursday 8am start;** whole day placement (with a 30 minute lunch break) and **Friday 8am - 12pm.**

Various cafes and food outlets are situated in close proximity to the clinic and we have a fridge and microwave onsite if you prefer to bring your own lunch.

Most of our patients are triaged on the telephone before being booked into the most appropriate slot with a doctor, nurse or healthcare support worker.

You will spend some time on your first day listening to and doing phone consultations, supported by one of our experienced nurse specialists. This will allow you to develop skills in sexual health history taking and be signed off for your female and male sexual history taking.

After that you will spend time in clinic with a doctor or nurse specialist.



There will hopefully be lots of opportunities to get hands on and practice some examinations, inserting speculums, taking swabs and doing blood tests.

You may get to spend some time in our laboratory and look at samples under the microscope.

How to get the most out of your attachment:

- **Be on time!** Clinics start at 8.15am and phone appointments can start earlier so you need to arrive for 8am. The clinic is located at Trinity Walk, above Asda Living. If you are driving, park in Sainsbury's carpark, walk up the side of Asda Living and around the back, then we are the 2nd door on the left. See our website below for details of how to get to our clinic – there is a video of how to walk here from the bus station which might be helpful. [Click here to view this or scan the QR code.](#)
- **Get involved,** you will learn the most by trying things yourself – history taking, examination etc. Don't worry about getting things wrong, we are here to help and patients are very understanding about students needing to learn.
- **Ask any questions you like,** nothing is a silly question and we are very happy to teach.



[www.spectrum-sexualhealth.org.uk](http://www.spectrum-sexualhealth.org.uk)



Below are some links which will support your learning:

- FSRH guidance – for contraception guidelines - [FSRH Guidelines & Statements - Faculty of Sexual and Reproductive Healthcare](#)
- UKMEC – for contraceptive eligibility - <https://www.fsrh.org/standards-and-guidance/documents/ukmec-2016/>
- Contraception choices website - [www.contraceptionchoices.org](http://www.contraceptionchoices.org)
- BASHH guidance – for STI guidelines - [Guidelines | British Association for Sexual Health and HIV \(bashh.org\)](#)
- Sexual history taking advice - [CEG National Guidelines – consultations requiring sexual history-taking \(bashhguidelines.org\)](#)
- HIV drug interaction checker - [Liverpool HIV Interactions \(hiv-druginteractions.org\)](http://liverpool.hiv-druginteractions.org)

